

Henry Lescault



HIGHLIGHTS

Is a licensed massage therapist and HeartMath Resilience Trainer/Coach

Lost 50+ pounds using FranklinCovey tools

Is a health/stress management coach trained by the National Academy of Sports Medicine

Loves spending time with wife and his two little yorkies

Believes that excellence in life is achieved by possessing three things: perseverance, tenacity, discipline

Henry Lescault is honored to serve as a behavioral change expert (Coach/Facilitator) specializing in leadership, communication, trust, as well as health, fitness and stress management. For him, working at FranklinCovey is like being a professional athlete on a world-class championship team. Henry is a published author with over 30 years of experience studying and working with human behavior as a law enforcement professional, trainer and facilitator, counselor, workplace conflict mediator, and professional certified coach. He has a bachelor's degree in sociology, and a master's degree in executive coaching from Queens University McColl School of Business, a leadership coaching and facilitation certification from Georgetown University, and is certified to administer a variety of different assessments including the Clifton Strengths Finder, MBTI and FIRO-B, as well as the EQ-i 2.0 for Emotional and Social Intelligence.

CERTIFIED TO DELIVER

- *The 4 Essential Roles of Leadership™*
- *The 6 Critical Practices for Leading a Team™*
- *The 5 Choices to Extraordinary Productivity®*
- *The 7 Habits for Managers®*
- *The 7 Habits of Highly Effective People® Foundations*
- *The 7 Habits of Highly Effective People®: Signature Edition 4.0*
- *The 7 Habits of Outstanding Customer Service*
- *Leadership Foundations*
- *Leadership: Great Leaders, Great Teams, Great Results*
- *The Leadership Modular Series*
- *Leading Customer Loyalty®*
- *Leading at the Speed of Trust®*
- *Presentation Advantage®*
- *Speed of Trust® Foundations*
- *Working at the Speed of Trust®*