



THE 7 HABITS of Highly Effective People®

SPEED OF TRUST®

FOR SOLDIERS

FOR SERVICE MEMBERS

FOR MILITARY FAMILIES

FOR MARRIAGE

The Challenge

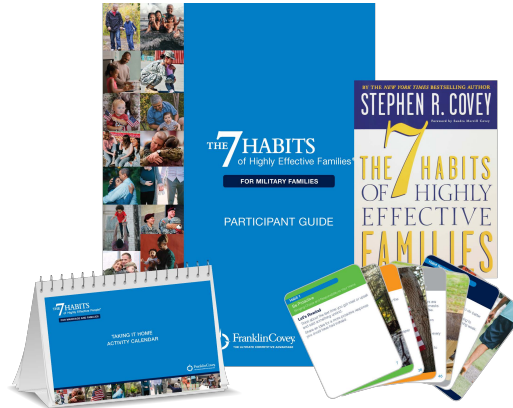
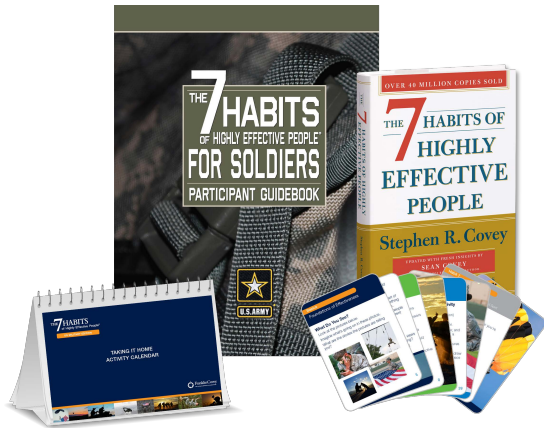
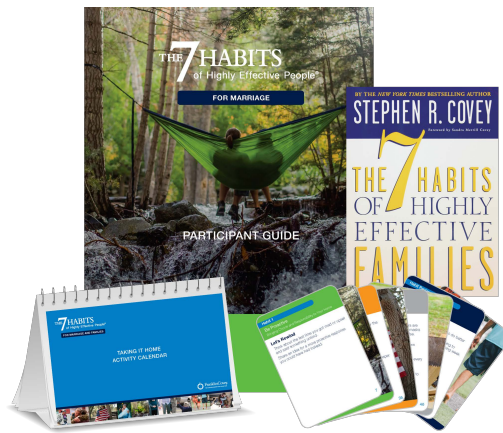
Being a member of the armed forces can pose a unique set of challenges. In addition to the routine difficulties of life that all people face, Service Members and their Families must also deal with the stress of deployment, separation from friends and family, and the realities of combat. *Unmanaged stress can potentially lead to high-risk behaviors impacting individual readiness and unit mission success.*

The 7 Habits of Highly Effective People® – Strong Bonds Suite provides a much-needed framework for applying universal, self-evident principles that enable participants to build resiliency and break down barriers to success. This foundation leads to higher levels of effectiveness as a person, Service Member, family member and friend. Participants will learn how to more effectively communicate about their problems and resolve them successfully. The workshops empowers Service Members, spouses, and family members to resolve work/life imbalances, understand their potential, manage time, increase accountability, and achieve their goals.



The Speed of Trust® - Strong Bonds Suite provides participants with engaging and powerful tools to increase trust in their most valuable relationships. Like learning a new language, changing behavior requires a common understanding and practice. The Speed of Trust® for Strong Bonds provides the mindset, skillset, and toolset that will measurably increase a participant's ability to behave in ways that inspire trust.





The Solution

INTRODUCING *THE 7 HABITS OF HIGHLY EFFECTIVE PEOPLE FOR SERVICE MEMBERS 2.0*

The 7 Habits of Highly Effective People for Service Members 2.0 provides a holistic, multidisciplinary approach to improve the effectiveness of Service Members' life skills. The program provides a much-needed framework for applying universal, self-evident principles that enable Service Members to build resiliency and break down barriers to success. This foundation leads to higher levels of effectiveness as a person, Service Member, family member, and friend.

“Habits are powerful factors in our lives. Because they’re consistent, often unconscious patterns, they constantly, daily express our character and produce our effectiveness... or ineffectiveness.”

—Dr. Stephen R. Covey