



## Trust is vital to our personal and interpersonal well-being. The very essence of great relationships is trust.

FranklinCovey is pleased to announce three new courses specifically designed for the military based on the bestselling book *The Speed of Trust* by Stephen M. R. Covey.

Built on proven principles and an inside-out approach, *The Speed of Trust* suite of courses for the military provides an essential framework and process to affirm, deepen, restore, and extend trust in all relationships—particularly those that mean the most to us.

Water is the vital substance that sustains all life on this planet. When it's there, everything flourishes and grows. When it's not, everything withers and dies.

The same is true for trust. Where there is no trust, efforts fail, work doesn't get done, relationships decay, and the energy and joy in all dimensions of life drop to nothing.

Like a ripple in a pond, trust starts with **you**.



### Trust is a Learned Competency

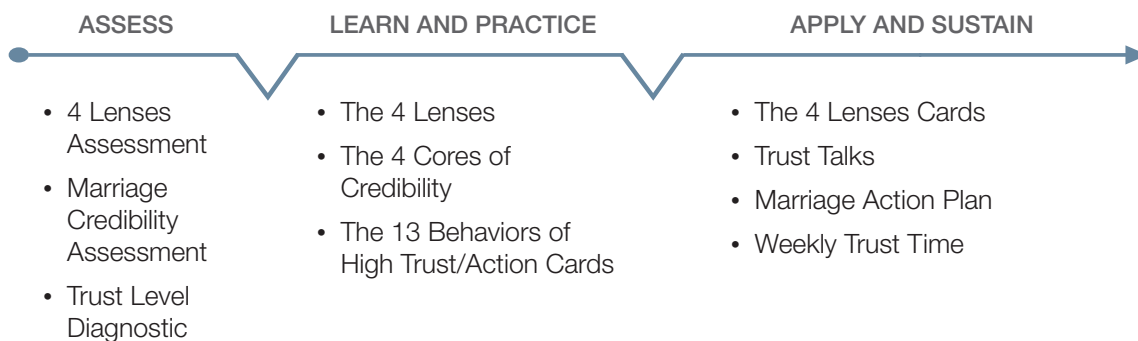
*The Speed of Trust for Strong Marriages* provides participants with engaging and powerful tools to increase trust in their most valuable relationships and to create even stronger bonds with those they love and with whom they associate.

Trust is a learned competency that can be practiced and improved. Instead of just attending a course, participants will learn to apply and sustain a new language and set of behaviors that will create lasting change and bring greater energy and joy in every aspect of their work and their lives.

“The ability to establish, grow, extend, and restore trust is vital to our personal and interpersonal well-being. The very essence of great relationships is trust.”

**STEPHEN M. R. COVEY**  
Author, *The Speed of Trust*

## Learning Map



Like learning a new language, changing behavior requires a common understanding and practice. *The Speed of Trust for Strong Marriages* provides the mindset, skillset, and toolset that will measurably increase a participant’s ability to behave in ways that inspire trust.

As a result of this highly interactive work session, participants will be able to:

### THE CASE

FOR TRUST IN MARRIAGE

Build their own understanding of the importance of trust in marriage.

### THE 4 LENSES

UNDERSTANDING TEMPERAMENT

Understand how different temperaments affect communication and trust in marriage.

### CREDIBILITY

TRUSTING YOURSELF AND GIVING YOUR SPOUSE SOMEONE TO TRUST

Increase their personal credibility with themselves and their spouses.

### BEHAVIORS

INSPIRING TRUST WITH YOUR SPOUSE

Strengthen their marriages by acting in ways that inspire trust.

## Participant Kit

- Participant Workbook
- The 4 Lenses Cards
- *Speed of Trust* Action Cards—U.S. Military Edition
- *A Slice of Trust* Book (optional)



For more information about FranklinCovey’s *The Speed of Trust for Strong Marriages*, contact Julienne Stathis, Senior Client Partner, at 703-942-6627 or [julienne.stathis@franklincovey.com](mailto:julienne.stathis@franklincovey.com).