

Dr. Amelia Reigstad



HIGHLIGHTS

15 years as an educator and business owner

Has traveled to over 25 countries and 3 continents

Founder of *The Women Empowerment Series* which inspires and encourages women to use their voice to initiate change

2 amazing kids and 1 incredible husband

20+ leadership, communication and organizational effectiveness workshops and speaking engagements in the last 24 months

Amelia Reigstad has a passion and love for knowledge and enjoys sharing her expertise on leadership, organization effectiveness, productivity, communications, and employee engagement. With over two decades of industry experience in the corporate and education sector, she has designed training programs, facilitated workshops, and led team members to success. As an entrepreneur, she understands first-hand the importance of leadership development and has spoken on a global scale at numerous conferences and events. She has also taught a variety of university-level courses across the U.S., Canada, Europe, and the U.K. Over the course of her career, she has authored numerous articles on gender, communication, leadership success, authenticity, etc. and is currently publishing a book on virtual communication skills and working remotely. Amelia earned her M.A. and Ph.D. from the University of Leicester in the U.K. where her studies emphasized gender differences in communication styles and their influence on the workplace.

CERTIFIED TO DELIVER

- *The 6 Critical Practices for Leading a Team™*
- *The 7 Habits for Managers®*
- *The 7 Habits of Highly Effective People®: Signature Edition 4.0*
- *Change: How to Turn Uncertainty Into Opportunity™*
- *Leading at the Speed of Trust®*
- *Speed of Trust® Foundations*
- *Unconscious Bias™*